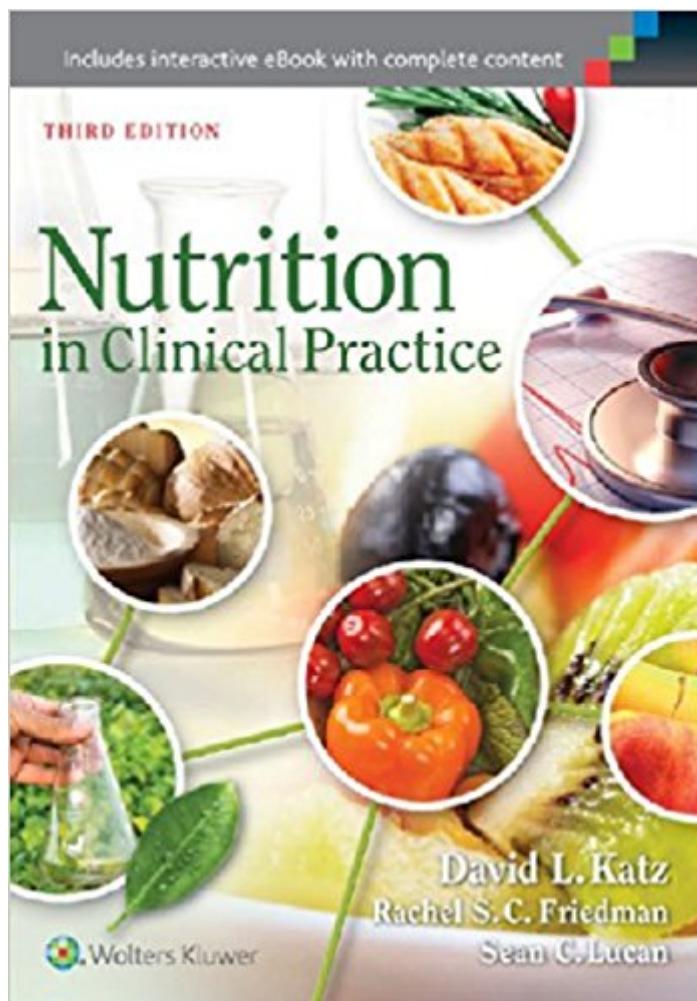


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# Nutrition In Clinical Practice



## Synopsis

In nearly every level of treatment and counseling, care providers must take into account the effects of their patients' diets. Nutrition in Clinical Practice is written to guide health professionals in providing well-informed, compassionate, and effective dietary and weight-management counseling. This fully updated 3rd edition is edited by a leading authority in nutrition and preventive medicine. Practical and evidence-based, chapters address the effects of diet on health and a comprehensive array of illnesses, making it a vital and timely addition to any caregiver's library.

**Features:** NEW data from hundreds of recent studies  
**NEW section:** Contemporary Topics in Nutrition  
Easy-reference format includes short chapters, links to current online articles  
Contributors representing diverse expertise and practical experience with medical education, nutrition in clinical practice, and preventive medicine  
Enhanced coverage of controversial topics, such as, the effects of sugar; health effects of obesity and the "obesity paradox"; health effects of gluten and grains; nutritional therapy  
Appendices includes ancillary materials such as clinically relevant formulas, nutrition data tables, and patient specific meal planners, all fully updated  
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This book is well researched and presented. It is highly technical and appropriate for medical professionals. Integration of content into my psychiatric practice has been a goal in reviewing this book.

Excellent resource book for clinicians. No hype just facts.

Good

Great resource

excellant book for the clinician

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